

APRIL 4, 2018: Nor Cal: TEAM STRENGTH (124) – NOR CAL LEAGUE STRUCTURE

14U Unlimited Weight (21) Age as of Aug 1, 2018	12U (21) Unlimited Weight (7) Age as of Aug 1, 2018	11U (21) Unlimited Weight (7) Age as of Aug 1, 2018
300 Legacy Elite Spartans (300)	300 Legacy Elite Spartans (300)	300 Legacy Elite Spartans (300)
Oakland Dynamites (OKD)	Oakland Dynamites (OKD)	Oakland Dynamites (OKD)
Oak Grove South (OGS)	Oak Grove South (OGS)	Oak Grove South (OGS)
East Palo Alto Greyhounds (EPA)	East Palo Alto Greyhounds (EPA)	East Palo Alto Greyhounds (EPA)
San Pablo Cowboys (SP)	San Pablo Cowboys (SP)	San Pablo Cowboys (SP)
San Francisco Bombers (SFB)	San Francisco Bombers (SFB)	San Francisco Bombers (SFB)
South East Wildcats (SE)	South East Wildcats (SE)	South East Wildcats (SE)
Tri-Cities Kings (TCK)	Tri-Cities Kings (TCK)	Tri-Cities Kings (TCK)
Tri Counties Sharks (TCS)	Tri Counties Sharks (TCS)	Tri Counties Sharks (TCS)
Vacaville Bengals (VBE)	Vacaville Bengals (VBE)	Vacaville Bengals (VBE)
Vallejo Jaguars (VJ)	Vallejo Jaguars (VJ)	Vallejo Jaguars (VJ)
Vallejo Raiders (VR)	Vallejo Raiders (VR)	Vallejo Raiders (VR)
East Bay Panthers (EBP)	East Bay Panthers (EBP)	East Bay Panthers (EBP)
Berkeley Bears (BB)	Berkeley Bears (BB)	Berkeley Bears (BB)
Grant Union Rams (GU)	Grant Union Rams (GU)	Grant Union Rams (GU)
North Highlands Panthers (NH)	North Highlands Panthers (NH)	North Highlands Panthers (NH)
Sacramento Ducks (SD)	Sacramento Ducks (SD)	Sacramento Ducks (SD)
Sacramento Raiders (SR)	Sacramento Raiders (SR)	Sacramento Raiders (SR)
South Sac Vikings (SSV)	South Sac Vikings (SSV)	South Sac Vikings (SSV)
Sacramento Bulldogs (SB)	Sacramento Bulldogs (SB)	Sacramento Bulldogs (SB)
El Dorado Cougars (EDC)	El Dorado Cougars (EDC)	El Dorado Cougars (EDC)

+ 5 pounds =uniform allowance.
 U = under as in 12 years old and under. O/L = Older Lighter

CADET (21) 9 Year olds: 124 + 5 equipment = 129 pounds 10 O/L: 109 + 5 = 114 pounds	Mighty Mite (20) 8 Year olds : 114 + 5 equipment = 119 pounds 9 O/L: 85 + 5 = 90 pounds	Tiny Mite (20) 7 year olds: 90 + 5 equipment = 95 pounds
300 Legacy Elite Spartans (300) Oakland Dynamites (OKD) Oak Grove South (OGS) East Palo Alto Greyhounds (EPA) San Pablo Cowboys (SP) San Francisco Bombers (SFB) South East Wildcats (SE) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) East Bay Panthers (EBP) Berkeley Bears (BB) Grant Union Rams (GU) North Highlands Panthers (NH) Sacramento Ducks (SD) Sacramento Raiders (SR) South Sac Vikings (SSV) Sacramento Bulldogs (SB) El Dorado Cougars (EDC)	300 Legacy Elite Spartans (300) Oakland Dynamites (OKD) Oak Grove South (OGS) East Palo Alto Greyhounds (EPA) San Pablo Cowboys (SP) San Francisco Bombers (SFB) South East Wildcats (SE) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) East Bay Panthers (EBP) Berkeley Bears (BB) Grant Union Rams (GU) North Highlands Panthers (NH) Sacramento Ducks (SD) Sacramento Raiders (SR) South Sac Vikings (SSV) Sacramento Bulldogs (SB)	300 Legacy Elite Spartans (300) Oakland Dynamites (OKD) Oak Grove South (OGS) East Palo Alto Greyhounds (EPA) San Pablo Cowboys (SP) San Francisco Bombers (SFB) South East Wildcats (SE) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) East Bay Panthers (EBP) Berkeley Bears (BB) Grant Union Rams (GU) North Highlands Panthers (NH) Sacramento Ducks (SD) Sacramento Raiders (SR) South Sac Vikings (SSV) Sacramento Bulldogs (SB)