

As of AUGUST 25, 2017: Nor Cal: TEAM STRENGTH (93) – NOR CAL LEAGUE STRUCTURE

+ 5 or 6 pounds =uniform allowance. U = under as in 12 years old and under. O/L = Older Lighter

<p>14U Unlimited Weight (6) Age as of Aug 1, 2017</p>	<p>Jr. Midget (13) 12U: 159 + 6 = 165 pounds 13 O/L: 139 + 6 = 145 pounds</p>	<p>Pee Wee (10) 11U: 139 + 5 = 144 pounds 12 O/L: 119 + 5 = 124 pounds</p>
<p>San Pablo Cowboys (SP) Tri-Cities Kings (TCK) Oak Grove South (OGS) Sacramento Raiders (SR) Central Stockton Kings (CS) Sacramento Hornets (SH)</p> <p>-----</p> <p>15U (2) Age as of Aug 1, 2017 Sacramento Outlawz (SO) San Francisco Bombers (SFB)</p>	<p>Oakland Dynamites (OKD) Palo Alto Greyhounds (PAK) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Vacaville Bengals (VBE) Vallejo Raiders (VR) Nor Cal (Redding) Ducks (ND) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)</p>	<p>Oakland Dynamites (OKD) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Vacaville Bengals (VBE) Berkeley Bears (BB) Sacramento Ducks (SD) Sacramento Raiders (SR) South Sac Vikings (SSV) Central Stockton Kings (CS)</p>
<p>Jr. Pee Wee (13) 10U: 124 + 5 = 129 pounds 11 O/L: 104 + 5 = 109 pounds</p>	<p>Cadet (20) 9U: 114 + 5 = 119 pounds 10 O/L : 94 + 5 = 99 pounds</p>	<p>Mighty Mite (10) 8U: 100 + 5 = 105 pounds 9 O/L: 85 + 5 = 90 pounds</p>
<p>300 Legacy Elite Spartans (300) Oakland Dynamites (OKD) Oak Grove South (OGS) Palo Alto Greyhounds (PAK) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Vallejo Raiders (VR) Nor Cal (Redding) Ducks (ND) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)</p>	<p>300 Legacy Elite Spartans (300) Oakland Dynamites (OKD) Oak Grove South (OGS) Palo Alto Greyhounds (PAK) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Vacaville Bengals (VBE) Vacaville Bengals 2 (VBE2) Vallejo Jaguars (VJ) Vallejo Raiders (VR) Nor Cal (Redding) Ducks (ND) Berkeley Bears (BB) Central Stockton Kings (CS) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)</p>	<p>300 Legacy Elite Spartans (300) Berkeley Bears (BB) Oakland Dynamites (OKD) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Raiders (SR) San Pablo Cowboys (SP) South Sac Vikings (SSV)</p>

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