

As of AUGUST 1, 2017: Nor Cal: TEAM STRENGTH (123) – NOR CAL LEAGUE STRUCTURE

+ 5 or 6 pounds =uniform allowance. U = under as in 12 years old and under. O/L = Older Lighter

<b>14U Unlimited Weight (8)</b> <b>Age as of Aug 1, 2017</b>	<b>Jr. Midget (19)</b> <b>12U: 159 + 6 = 165 pounds</b> <b>13 O/L: 139 + 6 = 145 pounds</b>	<b>Pee Wee (19)</b> <b>11U: 139 + 5 = 144 pounds</b> <b>12 O/L: 119 + 5 = 124 pounds</b>
300 Legacy Elite Spartans (300) San Pablo Cowboys (SP) Tri-Cities Kings (TCK) Oakland Dynamites (OKD) Oak Grove South (OGS) Vallejo Raiders (VR) Sacramento Raiders (SR) Central Stockton Kings (CS)	300 Legacy Elite Spartans (300) Nor Cal Outlawz (NO) Oakland Dynamites (OKD) Palo Alto Greyhounds (PAK) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) Nor Cal (Redding) Ducks (ND) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV) Central Stockton Kings (CS)	300 Legacy Elite Spartans (300) Nor Cal Outlawz (NO) Oakland Dynamites (OKD) Palo Alto Greyhounds (PAK) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) Berkeley Bears (BB) Nor Cal (Redding) Ducks (ND) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)

<b>Jr. Pee Wee (21)</b> <b>10U: 124 + 5 = 129 pounds</b> <b>11 O/L: 104 + 5 = 109 pounds</b>	<b>Cadet (20)</b> <b>9U: 114 + 5 = 119 pounds</b> <b>10 O/L : 94 + 5 = 99 pounds</b>	<b>Tiny Mite (21)</b> <b>7U: 90 + 5 = 95 pounds</b>
300 Legacy Elite Spartans (300) Nor Cal Outlawz (NO) Oakland Dynamites (OKD) Oak Grove South (OGS) Palo Alto Greyhounds (PAK) Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) Berkeley Bears (BB) Central Stockton Kings (CS) Nor Cal (Redding) Ducks (ND) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)	300 Legacy Elite Spartans (300) Nor Cal Outlawz (NO) Oakland Dynamites (OKD) Oak Grove South (OGS) Palo Alto Greyhounds (PAK) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) Berkeley Bears (BB) Central Stockton Kings (CS) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)	300 Legacy Elite Spartans (300) Nor Cal Outlawz (NO) Oakland Dynamites (OKD) Oak Grove South (OGS) Palo Alto Greyhounds (PAK) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) Berkeley Bears (BB) Nor Cal (Redding) Ducks (ND) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV) Central Stockton Kings (CS)

<b>15U (4) Age as of Aug 1, 2017</b>	<b>Mighty Mite (11)</b> <b>8U: 100 + 5 = 105 pounds</b> <b>9 O/L: 85 + 5 = 90 pounds</b>	
Sacramento Outlawz (SO) San Francisco Bombers (SFB) Tri Counties Sharks (TC) Tri-Cities Kings (TCK)	300 Legacy Elite Spartans (300) Berkeley Bears (BB) Nor Cal (Redding) Ducks (ND) Oak Grove South (OGS) Oakland Dynamites (OKD) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Sacramento Ducks (SD) Sacramento Raiders (SR) San Pablo Cowboys (SP) South Sac Vikings (SSV)	