

May 23, 2017: Nor Cal: TEAM STRENGTH (144) – NOR CAL LEAGUE STRUCTURE

+ 5 or 6 pounds =uniform allowance. U = under as in 12 years old and under. O/L = Older Lighter

14U Unlimited Weight (10) Age as of Aug 1, 2017	Jr. Midget (23) 12U: 159 + 6 = 165 pounds 13 O/L: 139 + 6 = 145 pounds	Pee Wee (24) 11U: 139 + 5 = 144 pounds 12 O/L: 119 + 5 = 124 pounds
300 Legacy Elite Spartans (300) Alameda Giants (AG) San Pablo Cowboys (SP) Tri-Cities Kings (TCK) Oakland Dynamites (OKD) Oak Grove South (OGS) Nor Cal (Redding) Ducks (ND) Vallejo Raiders (VR) East Bay Panthers (OP) Sacramento Raiders (SR)	300 Legacy Elite Spartans (300) Nor Cal Outlawz (NO) Oakland Dynamites (OKD) Oak Grove South (OGS) Palo Alto Knights (PAK) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) East Bay Panthers (OP) Alameda Giants (AG) Berkeley Bears (BB) Delta Ducks (DD) Nor Cal (Redding) Ducks (ND) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)	300 Legacy Elite Spartans (300) Nor Cal Outlawz (NO) Oakland Dynamites (OKD) Oak Grove South (OGS) Palo Alto Knights (PAK) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) East Bay Panthers (OP) Alameda Giants (AG) Berkeley Bears (BB) Delta Ducks (DD) Nor Cal (Redding) Ducks (ND) Central Stockton Kings (CS) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)

Jr. Pee Wee (24) 10U: 124 + 5 = 129 pounds 11 O/L: 104 + 5 = 109 pounds	Cadet (23) 9U: 114 + 5 = 119 pounds 10 O/L : 94 + 5 = 99 pounds	Tiny Mite (22) 7U: 90 + 5 = 95 pounds
300 Legacy Elite Spartans (300) Nor Cal Outlawz (NO) Oakland Dynamites (OKD) Oak Grove South (OGS) Palo Alto Knights (PAK) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) East Bay Panthers (OP) Alameda Giants (AG) Berkeley Bears (BB) Delta Ducks (DD) Central Stockton Kings (CS) Nor Cal (Redding) Ducks (ND) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)	300 Legacy Elite Spartans (300) Nor Cal Outlawz (NO) Oakland Dynamites (OKD) Oak Grove South (OGS) Palo Alto Knights (PAK) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) East Bay Panthers (OP) Alameda Giants (AG) Berkeley Bears (BB) Delta Ducks (DD) Central Stockton Kings (CS) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)	300 Legacy Elite Spartans (300) Nor Cal Outlawz (NO) Oakland Dynamites (OKD) Oak Grove South (OGS) Palo Alto Knights (PAK) San Pablo Cowboys (SP) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Tri-Cities Kings (TCK) Tri Counties Sharks (TCS) Vacaville Bengals (VBE) Vallejo Jaguars (VJ) Vallejo Raiders (VR) East Bay Panthers (OP) Berkeley Bears (BB) Delta Ducks (DD) Nor Cal (Redding) Ducks (ND) Sacramento Hornets (SH) Sacramento Ducks (SD) Sacramento Outlawz (SO) Sacramento Raiders (SR) South Sac Vikings (SSV)

15U (6) Age as of Aug 1, 2017	Mighty Mite (12) 8U: 100 + 5 = 105 pounds 9 O/L: 85 + 5 = 90 pounds	
Central Stockton Kings (CS) Sacramento Outlawz (SO) San Francisco Bombers (SFB) Tri Counties Sharks (TC) Tri-Cities Kings (TCK) Delta Ducks (DD)	300 Legacy Elite Spartans (300) Alameda Giants (AG) Berkeley Bears (BB) East Bay Panthers (OP) Nor Cal (Redding) Ducks (ND) Oakland Dynamites (OKD) San Francisco Bombers (SFB) San Francisco 49'ers (SFF) Sacramento Ducks (SD) Sacramento Raiders (SR) San Pablo Cowboys (SP) South Sac Vikings (SSV)	